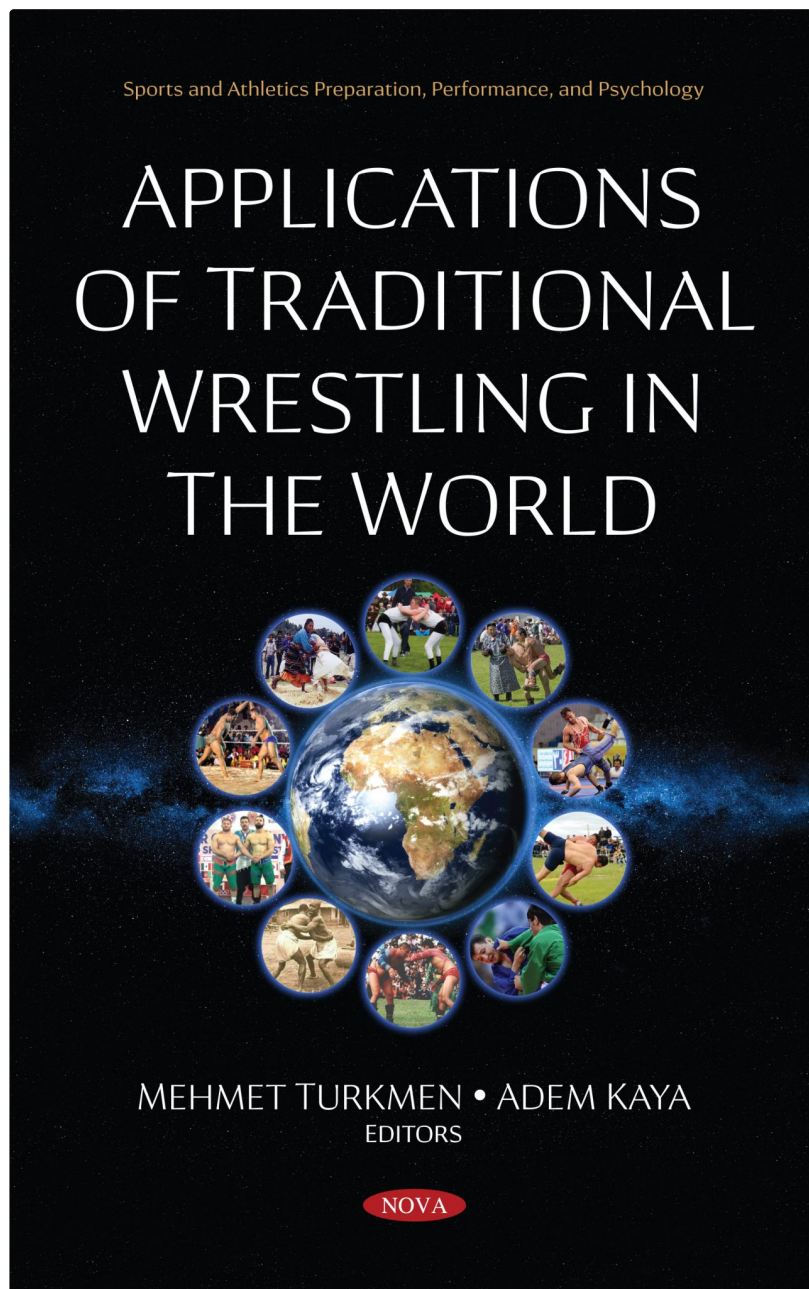





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This book has accomplished the promise of being a comprehensive work on wrestling to date, covering the most traditional wrestling styles and bringing together the leading scholars and experts from 16 countries around the world.

The book not only covers traditional wrestling styles from a historical point of view but also provides guidance about culture, different rules and regulation that everybody in the field of wrestling and games needs to learn. So, this educational book is a great resource for anybody such as physical education teachers, coaches, scholars in sports science, sports history, ministries, and agencies.


These traditional wrestling styles have been selected and written by the corresponding authors to contribute to the understanding of traditional wrestling in the world, from Siberia to Argentina to Scotland, from Japan to the USA, from the Middle East to Europe.

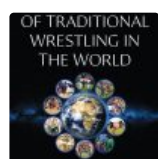
Not only does this book educate and entertain, but it also creates a connection on a personal level to all those who are interested in that are all united by this shared physical and cultural heritage, despite the distance of language, location, and culture.

Lastly, but not least, this book has been dedicated to the sports historian Professor Dr. Mehmet Turkmen for not only his contribution to the scientific world of sports history but for also his mentorship to many young sports historians and athletes.

This book will advance the understanding and appreciation of the sport that we hold most dear, the sport of wrestling.

Assistant Professor Adem Kaya
Sport Management
Bowie State University
Maryland, USA


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Mehmet Turkmen (Editor) – Professor, Dr., Kyrgyzstan-Turkey Manas University, Bishkek, Kyrgyzstan

Adem Kaya (Editor) – Assistant Professor, Bowie State University, Maryland, USA

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Applications of Traditional Wrestling in the World is about traditional wrestling which is one of the oldest sports in the world. It has been contributed to by a total of 26 contributors as scholars and experts from 16 countries with many popular traditional wrestling styles. This well-written book is a great resource for anybody such as teachers, athletes, coaches in traditional sports, scholars in sports science, sports historians, physical educators, people in sports ministries, and agencies.

The book not only covers traditional wrestling from a historical point of view but also provides guidance about culture, current application, and present rules and regulations that everybody in the field of traditional sports and games needs to learn.

The book has certainly accomplished the promise of being the single most comprehensive work on the subject matter to date, covering the broadest and most inclusive list of traditional wrestling styles and bringing together the collaboration of the leading scholars and experts from many countries under one publication. This book includes perspectives on traditional wrestling from all over the world, including Siberia, South Africa, Argentina, Scotland, Japan, the USA, Nigeria and Pakistan. As a result, this groundbreaking book will advance the understanding and enjoyment of the sacred sport of wrestling.

Editors and some of the contributors are among the best scientists in the scientific field of sports history and traditional sports and games. One of the editors, Dr. Mehmet Turkmen, is considered one of the best-known scholars in sports history in the world with many academic publications and awards.

Not only does this book educate and entertain, but it also gives the reader a connection on a personal level to all those who have come before him or her that are all united by this shared physical and cultural heritage. Wrestling is a powerful common denominator that has the singularly unique ability to unite all those involved in a brotherhood, giving readers a common link that will bridge the distance of language, location, and culture.

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